

# True or False

## Maturation

	True	False
1. Mouthwash is better to use than brushing your teeth.		
2. Deodorant stops people from sweating.		
3. Squeezing pimples helps them go away.		
4. Flossing teeth is only for people who can't brush their teeth.		
5. Feeling sad, confused, and hungry can be due to normal changes.		
6. Puberty in boys starts at age 13 and is over by 14.		
7. Muscle aches often happen from growing and stretching.		
8. A "cracking" voice is a normal sign of puberty in a boy.		
9. It is only necessary to bathe when one feels dirty.		
10. Keeping clean helps one to stay healthy.		