



CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION

Classes held at Dakota High School Pool: 21051 21 Mile Rd, Macomb 48044

No Swim March 29 to April 6/May 22 to May 27

Class Dates for Spring 2024 Session 1



Scan to Register

Monday: At Dakota High School Session 1: 03/04, 03/11, 03/18, 03/25, 04/08, 04/15, 04/22	Wednesday: At Dakota High School Session 1: 03/06, 03/13, 03/20, 03/27, 04/10, 04/17, 04/24
Friday: At Dakota High School Session 1: 03/08, 03/15, 03/22, 04/12, 04/19, 04/26	Saturday: At Chippewa Valley High School Session 1: 03/09, 03/16, 03/23, 04/13, 04/20, 04/27

Class Fees: \$68.00 per student / all classes are 45 minutes unless otherwise noted / 7-day classes.

Swim Program Pool Supervisor: Alex Sprowitz, asprowitz@cvs.k12.mi.us

All registration for the Swim Program is handled through the Community Education Office **NOT at the pool.

Aqua Tots – ½ Hour Class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.

Aqua Tots-03-09-S1	Saturday	12:15 PM
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Goldfish (PA) - ½ hour class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.

GoldfishPA-03-04-M1	Monday	6:45 PM
GoldfishPA-03-06-W1	Wednesday	6:45 PM
GoldfishPA-03-09-S2	Saturday	10:45am
GoldfishPA-03-09-S3	Saturday	11:30am



Goldfish (Reg)

For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.

Goldfish-03-04-M1	Monday	6:00 PM
Goldfish-03-04-M2	Monday	6:45 PM
Goldfish-03-06-W1	Wednesday	6:00 PM
Goldfish-03-06-W2	Wednesday	6:45 PM
Goldfish-03-09-S1	Saturday	10:00 AM
Goldfish-03-09-S2	Saturday	10:45 AM
Goldfish-03-09-S3	Saturday	11:30 AM

Starfish

For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.

Starfish-03-04-M1	Monday	6:00 PM
Starfish-03-04-M2	Monday	6:45 PM
Starfish-03-06-W1	Wednesday	6:00 PM
Starfish-03-06-W2	Wednesday	6:45 PM
Starfish-03-09-S1	Saturday	10:00 AM
Starfish-03-09-S2	Saturday	10:45 AM
Starfish-03-09-S3	Saturday	11:30 AM

Level 1 – Introduction to Water Skills

For children 6 & up. This class is designed to help students feel comfortable in the water. Learn to submerge mouth, nose & eyes.

Level-1-03-04-M1	Monday	6:00 PM
Level-1-03-04-M2	Monday	6:45 PM
Level-1-03-06-W1	Wednesday	6:00 PM
Level-1-03-06-W2	Wednesday	6:45 PM
Level-1-03-09-S1	Saturday	10:00 AM
Level-1-03-09-S2	Saturday	10:45 AM
Level-1-03-09-S3	Saturday	11:30 AM

Level 2 – Fundamental Aquatic Skills

Gives students success with fundamental skills. This class is taught in deep water.

Level-2-03-04-M1	Monday	6:00 PM
Level-2-03-04-M2	Monday	6:45 PM
Level-2-03-06-W1	Wednesday	6:00 PM
Level-2-03-06-W2	Wednesday	6:45 PM
Level-2-03-09-S1	Saturday	10:00 AM
Level-2-03-09-S2	Saturday	10:45 AM
Level-2-03-09-S3	Saturday	11:30 AM

Level 3 – Stroke Development

Level 2: Fundamental Aquatic Skills. Gives students success with fundamental skills. Taught in deep water.

Level-3-03-04-M1	Monday	6:00 PM
Level-3-03-04-M2	Monday	6:45 PM
Level-3-03-06-W1	Wednesday	6:00 PM
Level-3-03-06-W2	Wednesday	6:45 PM
Level-3-03-09-S1	Saturday	10:00 AM
Level-3-03-09-S2	Saturday	10:45 AM
Level-3-03-09-S3	Saturday	11:30 AM

Level 4 – Stroke Improvement

This class develops confidence in the skills learned & helps improve other aquatic skills.

Level-4-03-04-M1	Monday	6:00 PM
Level-4-03-04-M2	Monday	6:45 PM
Level-4-03-06-W1	Wednesday	6:00 PM
Level-4-03-06-W2	Wednesday	6:45 PM
Level-4-03-09-S1	Saturday	10:00 AM
Level-4-03-09-S2	Saturday	10:45 AM
Level-4-03-09-S3	Saturday	11:30 AM

Level 5 – Stroke Refinement

This class teaches the refinement of the front/back crawl, breaststroke, butterfly, elementary backstroke, sidestroke, and diving.

Level-5-03-04-M1	Monday	6:00 PM
Level-5-03-04-M2	Monday	6:45 PM
Level-5-03-06-W1	Wednesday	6:00 PM
Level-5-03-06-W2	Wednesday	6:45 PM
Level-5-03-09-S1	Saturday	10:00 AM
Level-5-03-09-S2	Saturday	10:45 AM
Level-5-03-09-S3	Saturday	11:30 AM

Level 6 – Swimming & Skill Proficiency

This class refines all 6 strokes so the child can swim with ease, efficiency, power & smoothness over greater distances. Options after completing include personal water safety, fundamentals of diving, and fitness swimmer.

Level-6-03-04-M1	Monday	6:00 PM
Level-6-03-04-M2	Monday	6:45 PM
Level-6-03-06-W1	Wednesday	6:00 PM
Level-6-03-06-W2	Wednesday	6:45 PM
Level-6-03-09-S1	Saturday	10:00 AM
Level-6-03-09-S2	Saturday	10:45 AM
Level-6-03-09-S3	Saturday	11:30 AM

CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION

Classes held at Dakota High School Pool: 21051 21 Mile Rd, Macomb 48044

Private and Semi-Private Lessons

Private lessons are available at
\$34.00/per ½ hour

Semi-Private Lessons are available at
\$50 per ½ hour for 2 students

5:00PM-5:30PM or 7:30PM-8:00PM

Available by Request Only

For an appointment email asprowitz@cvs.k12.mi.us

Adult Lap-Drop In

\$5.00 per session

AD-Lap-(date)-M Monday 7:30pm-8:30pm

AD-Lap-(date)-W Wednesday 7:30pm-8:30pm

Adult Water Aerobics

The viscosity and weight of the water provides an impact-free way to intensify your work out. All fitness levels welcome!

Ideal exercise for any shape or fitness level!
Must be 18. Proper swim attire required.

Chippewa Valley High School Pool 7:30-8:30pm

7 Weeks - \$68.00 Seniors (55+) - \$65.00
6 Weeks - \$58.00 Seniors (55+) - \$55.00

AD-WA-03-04-(03/04-04/22)	Monday	(7 Weeks)
AD-WA-03-06-(03/06-04/24)	Wednesday	(7 Weeks)



POOL PARTIES

Hold your next function at
Chippewa Valley High School Pool
Great for Birthday Parties, Cub Scouts,
Girl Scouts, or for a Family Gathering!!!

When: Fridays 03/08-04/26

Time: 6:30-7:30pm/swim time

7:30-8:30pm/party room

Fee: \$22/per hour for party room

Swim Fee: \$5.00/ Ages 12 & up

\$4.00/ Ages 11 & under

Call: 586-723-2058 to reserve room



Pre-Competitive Swim

For students who have passed level 4 and want to build endurance while working on technique.

PC-Swim-03-09-F3 FRI 7:30pm-8:30pm

Springboard and Diving

Approved students will learn proper diving techniques. Must be at least 10 years old and have completed Level 4.

Springboard-03-06-W3

Wed 7:30pm-8:30pm

Adult Swim Lessons

For beginner swimmers over age 18

AD-Swim-03-04-M

Mon 7:30pm-8:30pm

Open Swim

When: Fridays Session 1: 03/08/2024 to 04/26/2024

Time: 6:30PM - 7:30PM

Fees: Register Online and bring receipt

Ages 11 and Under - \$4.00

Ages 12 and Up - \$5.00

Rules

- Ages 8 & under **MUST** be accompanied, **IN THE WATER**, by a responsible person 18 years or older or as determined by a supervisor.
- Swim diapers are **REQUIRED** for untrained children.
- Men/boys swimsuits **MUST HAVE A LINER** – no underwear, briefs, or shorts.

You can register online: <https://chippewavalleyschools.ce.eleyo.com> with a Debit/Credit Card

Or in person at Community Education 19120 Cass Ave. Clinton Twp, MI 48038

Parents Name: _____ Email Address: _____
Home Address: _____ City: _____ Zip: _____
Home Phone: (____) _____ Alternate Phone: (____) _____
Childs Name: _____ DOB: _____ Class #: _____ Class Name: _____ Cost: _____
Childs Name: _____ DOB: _____ Class #: _____ Class Name: _____ Cost: _____
MC/Visa#: _____ Exp.Date _____ Name on Card: _____

Classes may be canceled, shortened in length, or combined in the event of low enrollment. Refund Policy: If you need to cancel, please call 586-723-2050 **before** first class. NO REFUNDS ARE ISSUED FOR ONE-NIGHT CLASSES, SPECIAL EVENTS OR AFTER FIRST CLASS HAS MET. An \$8 processing fee will be deducted from all refunds. All attempts will be made for a refund should extenuating circumstances arise. We promise to be fair and reasonable with each customer on any concern or request, always considerate of the customer's point of view. There are no confirmations mailed out, if you don't hear from us, we will see you at the class. Thank you for your continued support!

Recording of various school and classroom activities with interviews, photography, and video equipment is done throughout the year. This recording may be featured in district publications, local media, the Internet, or aired on our educational access channel (CVC-TV). Please fill out the media release form below indicating your approval or denial.

I will allow photograph of this student to be posted on the Community Education Website ____ NO ____ YES

Parent Signature: _____

Date: _____