



Parents and Community Members
You are Invited to Attend an Important Presentation

JOHN UNDERWOOD

OLYMPIC TRAINING CENTER/LAKE PLACID

The Life of an Athlete

John Underwood, of the American Athletic Institute, is a former NCAA All-American and International level distance runner, Olympic coach, and a dynamic presenter. Come and hear important information on the effects of negative behaviors on athletic performance and the parent's role in promoting athletic excellence.

Presented Twice

WEDNESDAY, MARCH 24, 2010

7: 00 - 8:15 PM

CHIPPEWA VALLEY HIGH AUDITORIUM

&

THURSDAY, MARCH 25, 2010

7: 00 - 8:15 PM

DAKOTA HIGH SCHOOL AUDITORIUM

There is NO cost to attend. No registration is needed.

SPONSORED BY THE CHIPPEWA VALLEY COALITION FOR YOUTH AND FAMILIES*
AND CHIPPEWA VALLEY SCHOOLS ATHLETIC DEPARTMENTS

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THE CHIPPEWA VALLEY COALITON FOR YOUTH AND FAMILIES JOINS SCHOOL AND COMMUNITY IN PROMOTING SAFE,
HEALTHY AND DRUG FREE YOUTH AND SUPPORTING FAMILIES.