

# 2024 Algonquin 7th + 8th Grade Football



**8th Grade Head Coach Valentine**  
*avalentine@cvs.k12.mi.us*

**8th Grade Assistant Coach Akans**  
*bakans@cvs.k12.mi.us*

**7th Grade Head Coach Stout**  
*sparty8590@yahoo.com*

**7th Grade Assistant Coach Miller**

## **Important Dates and Information:**

*(Dates and times are subject to change)*

**FIRST DAY OF PRACTICE** —Monday, August 26th (3:30– 4:30pm) **EQUIPMENT**

Current Physical **required** to Participate (**Must be after April 15th 2024**) Get a physical asap.

**Online Paperwork can be completed at FamilyID.com (Search for “Algonquin”)**

- August 26th Football Equipment Distributed -- BRING A COMBINATION LOCK!
- 8/27– 8/29 Conditioning/ Mini Camp, BRING WATER (4pm-5:30pm)
- What to bring shorts, t-shirt, and tennis shoes, and water.
- Please take time before practice to form your mouth guard

### **First Day of School**

September 3rd– Tuesday No Practice 1/2 day of school

First day of Practice is Wednesday September 4th from 3-5 pm

EVERYDAY PRACTICE FROM 3-5 RAIN OR SHINE!!!

**GAME Schedule is located on School Website**

## ***Work Hard Over the Summer!!!***

*You should arrive to practice in top shape. Make yourself better, train harder, run longer, do more pushups, do more sit-ups. Work on your agility and footwork. Be prepared for a great season and learning experience!!!*

“The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.”

**Vince Lombardi**