# **Middle School**

Lunch Menu



### **New Spring Item Available on Fridays**

#### **Bean & Cheese Burrito**

Served with sour cream & salsa



## Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
Italian Sub
Turkey, Bacon & Cheese Sub
Hummus Veggie Wrap (T-Fr)
Pepperoni/Cheese Pizza
PB&J Uncrustable
Grilled Cheese
Hamburger/Cheeseburger
Antipasto Salad
Chicken Caesar Salad
Greek Salad
Spicy Chicken Salad

### All Options Include:

1 cup Fruit 1 cup Vegetable Choice of Milk

### **Daily Vegetable Choices**:

Carrot Sticks Celery Sticks Broccoli Bites Hummus

BREAKFAST is served daily at CVHS, DHS & C9. Check your school for times.

|   |   |   | B. D.   |   |
|---|---|---|---|---|
| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
| 3 Chicken & Waffles<br>w/ Syrup Cup<br>Grape Tomatoes<br>Fresh Celery                   | 4 Walking Taco Seasoned Black Beans Salsa & Sour Cream Sliced Cucumbers     | Tempura Breaded<br>Chicken Nuggets  Onion Rings<br>Mini Bell Peppers<br>Fresh Cauliflower                     | 6 General Tso Chicken w/ fortune cookie Fried Rice Steamed Broccoli Snap Peas | 7 HALF DAY NOLUNCH SERVED   |
| 10 New Item! Mac & Cheese Or Jalapeno Popper Mac  Broccoli Bites Fresh Carrots          | Nacho Supreme  Refried Beans Salsa & Sour Cream Grapes Tomatoes             | Chip-Filet Chicken Sandwich w/ American cheese, lettuce, pickles + mayo Waffle Fries Cauliflower              | Orange Chicken W/ fortune cookie Fried Rice Steamed Broccoli Snap Peas        | Bosco Sticks w/ Marinara Sauce Spinach & Romaine Salad                            |
| Beef Rotini  Garlic Bread Broccoli Bites Fresh Carrots                                  | Walking Taco  Seasoned Black Beans Salsa & Sour Cream Sliced Cucumbers      | 19 Spicy Boneless<br>Chicken Wings<br>Potato Wedges<br>Dinner Roll w/ butter spread<br>Celery & Carrot Sticks | 20 Meatball Marinara Sandwich Sidewinder Fries Celery Sticks                  | HALF DAY NOLUNCH SERVED   |
| <b>S p</b>  | rin.  | 26<br><b>B</b>  | rea   | 28  |
| 3 All Beef Chili<br>w/ Corn Bread<br>Harvest Cheddar Chips<br>Broccoli<br>Fresh Carrots | 4 <b>Walking Taco</b> Seasoned Black Beans Salsa & Sour Cream Fresh Carrots | 5 CVS Chicken Bowl  Mashed Potatoes & Gravy Dinner Roll Steamed Corn Butter Spread                            | Spicy Chicken Wrap  Potato Wedges Sliced Cucumber Grape Tomatoes              | 7 New Item! Grilled Chicken Pretzel Melt Sidewinder Fries Spinach & Romaine Salad |

If you have a food allergy please be aware that CVS prepares food that may contain or have come into contact with peanuts, nuts or other possible allergens.

This institution is an equal opportunity provider.