



Study Skills for High School & Beyond!!

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– Your CVHS 9th Grade Counselors

Who is my
counselor?

How do you see
your counselor?

What does my
counselor do?



Goal of this Presentation:

To identify things you can do to improve & take ownership of your grades including using some free and easy to use websites



1. Why Try & Improve Your Study Habits and your Grades?

Colleges (& even employers!) look at your Grade Point Average, when deciding who gets admitted and who wins scholarships.

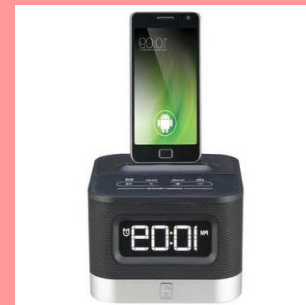
By doing well in your High School classes, you won't have to take (and pay for!) remedial college or apprenticeship classes. Doing well now ensures you are both college AND career ready!

2. Why Try & Improve Your Study Habits and your Grades?

Failing a required class means you will **HAVE** to retake it! You will need to spend your own time & money, or be off track to graduate. Guess how much one summer school class is? **\$\$\$\$**

3. Why Try & Improve Your Study Habits and your Grades?

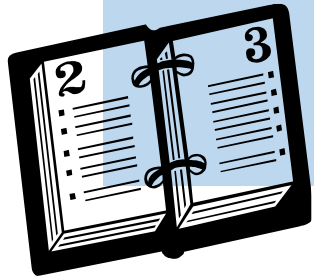
Improving your study skills may mean better QUALITY of studying, and less QUANTITY of time spent ...nice, huh?



4. Why Try & Improve Your Study Habits and your Grades?

High School grades are part of a PERMANENT RECORD – applying to college, vocational school, job or the military – they all can request your high school transcript!

**BELIEVE IN
YOURSELF!!!
PUT THE WORK IN
TO REACH *YOUR*
GOALS!!**



Get Organized!!!

- **Three-ring binders w/ pockets – assigned colors**
- **Phone/tablet calendar (alerts/reminds), paper calendar or agenda**
- **Teachers are typically clear on what is expected – on their whiteboard/website/etc. so WRITE IT DOWN!**
- **Keep your locker/backpack cleaned out & organized!**

Improve Time Management:

- Clearly define & list goals – Make a “To Do” list including dates – “NOTES” “REMINDERS” are apps most smart phones have
- Break down big assignments into smaller ones
- Set aside specific time each day for doing homework & reviewing
- Develop a routine



Maximize Your Time at Home!

- 1. Study 1-2 Hours each night, even if a formal assignment isn't given, spend about 20 minutes every night reviewing each subject**
- 2. Find a place free of distraction to study**
- 3. Decide how you work best. Quiet or light music? Most of us need to be well-hydrated and not hungry.**
- 4. Do NOT study in front of the TV or your phone/tablet!**
- 5. Plan the order of your work. It's usually best to study for tests first. After that, tackle your hardest homework.**
- 6. Use Note Cards & turn notes into questions on one side of the card & answers on the other. Or try Quizlet.com to quiz yourself.**
- 7. Take a break every hour. Do something physical like walking.**

Improve Test-Taking Skills



Review all along NOT just night before the test	Concentrate on ideas the teacher has made	Memorize formulas, names, dates, etc
Go Prepared. Pen/pencil, ruler calculator, etc.*	Remain calm & keep a positive attitude.	Arrive on time & budget your time accordingly
Read then <i>re- read</i> the directions.	Check to be sure you have answered all ?'s	If finish early, go back & review answers.



Help at your fingertips! Check out the below sites:

www.studygs.net Offers specific study skill strategies, available in multiple languages

www.Quizlet.com - Use already made study sets or create your own. Improve your grades with flashcards, games and more.

www.how-to-study.com Suggested articles on how to study for different types of tests/subjects


www.Mathops.com – FREE interactive Algebra lessons

www.Algebra.com Tutorial to assist in practicing & preparing for Algebra tests.

www.Cmpl.org Offers free live online homework help 4-11, (student ID is your library card, last 4 digits of phone # is PIN). Also offers research assistance & free digital downloads

www.khanacademy.org - FREE tutorials & practice in various subjects as well as NWEA practice sessions (enter scores & suggested practice pops up) & SAT practice.

Last Pointers:



Do NOT cram for tests. If you follow the recommended steps, reviewing for tests should be easy.

Take care of yourself! Get enough sleep, eat well, exercise and avoid drugs/alcohol which are not only illegal and life altering, but impede learning.



Don't Stress! Utilize Help Available:

- TALK to your teachers – they are there to help!
- Attend Homework Club, coming soon - FREE TUTORING certain days after school
- Use free online tutoring that we reviewed. [Khanacademy.org](https://www.khanacademy.org) & [cmpl.org](https://www.cmpl.org) EVERY CVHS student already has a library card! Cmpl.org has live online hw help
- See us for academic or other assistance: (Chippewa's Corner Collection for clothes! Toiletries! School supplies!), free/reduced breakfast in cafeteria if qualify; group support (grief, anger management, substance abuse, stress, etc.), conflict resolution, counseling referrals or to get more involved in clubs/sports.
- Relax & breathe! Excessive worrying doesn't help – but *having a good plan does!*



Study each subject every night!

Get more sleep!

Use notecards and/or Quizlet

Designate a time to study each day & stick to it!



Ask more questions!

Get Organized!

Things you can do to improve your grades:

Take a break when studying

See my teacher for help

Eat breakfast!

Turn off TV/Phone/Computer

Make a nightly To-Do list

Try using online help through Khan Academy or CMPL

Attend Homework Club

Use the calendar in my phone to list due dates!

Best Wishes CVHS *Class of 2023!*



We are here to help you - see us anytime!

****Check out our **College – Career Corner** in
the counseling office to research careers,
colleges/programs/scholarships/apprenticeships
summer opportunities & more!***

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<https://www.youtube.com/watch?v=dRI8E1hrQjQ>

